**Wintergirls** by Laurie Halse Anderson

33 times. That’s how many times Cassie called Lia the night she died, but Lia didn’t pick up. Now, Cassie’s ghost is haunting Lia and her visits are becoming more and more frequent. But there’s more than just Cassie’s ghost haunting Lia. Lia has been hospitalized in the past to treat her anorexia and her guilt over Cassie’s death causes her self-destructive behaviors to accelerate. The voice inside Lia’s head keeps telling her to remain in control, stay strong, lose more, weigh less. If she keeps going this way – thin, thinner, thinnest—she may disappear altogether.

*~ Stephanie Wilkes’ Booktalk*